



J1 Internships and Trainee Positions – National Program/Hourly Wage

HOTEL	LOCATION	NO. OF POSITIONS	POSITION	DETAILS
Tides Inn, Part of the Leading Hotels of the World	Irvington, VA	13	Food and Beverage	Provides onsite housing. April - December
The Engineers Club	Long Island, NY	10	F&B	Young hospitality professionals at the very start of their careers. Must have that great hospitality attitude. Housing & Food taken care of.
South Seas Resort	Captiva Island, Fl	2 1	Food and Beverage Front Office	Provides onsite housing
Casa Marina Resort	Key West, FL	4 3 3	Food and Beverage Front Office Culinary	Provides onsite housing
Marco Marriott	Marco Island, FL	4 2	Food and Beverage Culinary	Provides onsite housing
Essex County Club	Boston	2-3	Food and Beverage	Housing provided at no charge (males only due to housing) February start date
Fiddlers Creek Country Club and Marco Beach Resort	Naples/Marco Island, FL	3 2	Food and Beverage culinary	6-12 month placements
JW Marriott Marquis	Miami Fl	3 2 1	Food and Beverage Culinary Lobby Ambassador/FO	10 days accommodation
Pink Shell Resort	Fort Myers Beach, FL	2 1	Culinary FO-German speaking	January Start Dates onsite housing

Sorrel River Ranch	Moab Utah	4 2	Food and Beverage FO	6 month placement, Feb start dates, onsite housing
JW Marriott	Miami ,FL	2 1 2	Culinary Housekeeping supervisor Fine Dining FB	10 days accommodation
Hilton	Tampa, Florida	1	Front Office	Can stay at the hotel for 30 days. Must find own housing.
Sea Pines Resort	Hilton Head Island	5 5 2	Food and Beverage Culinary FO	6 month placements, housing provided
Hawks Cay Resort	Florida Keys	5 2-3 2-3	Food and Beverage Activities culinary	Provides onsite housing
Gold Strike Casino, MGM Resort	Robinson, MS	3 10	Front Desk F&B -Bar & Server	Has housing-Must have a great hospitality attitude
Homewood Suites	Alabama	1 1	Front Desk HSKP Supervisor	US \$7.25 per hour very affordable accommodation in area Start at US \$10 per hour. Strong, tough with attention to detail
Boutique Hotel	FL, Orlando	2	Culinary	
Marriott Resort	FL	2 2 2	Culinary Food and Beverage Front Desk	US \$10 to start in Jan to May 1 then move to South Carolina Myrtle or HHI
Marriott	Georgia	1 2 1	Front desk HSKP Culinary	Excellent English
Marriott	Indianapolis	1	FO or F&B	Female with bright, smiling faces and personality
Marriott	MN, Minneapolis	1	Front Desk	Prefer females
Marriott	Mississippi	2 2 1	Front Desk Culinary HSKP	Includes free accommodation Must have experience
Sheraton	New Jersey	1 1	Night Audit supervisor Night Audit	ASAP start
Hilton	New Jersey	2 2 2	Front Desk Food and Beverage HSKP and Supervisors	
Resort	New Jersey	10 8	Culinary Food and Beverage	US \$10 to \$11 per hour

Marriott	North Carolina	1	Front Desk	ASAP start
Marriott	Long Island	2	Food and Beverage	
Marriott	NY, Albany	2	Front Desk	Excellent English and bubbly personality, February start
Marriott	NY, Long Island	1	Front Desk	
Marriott	OK, Oklahoma	2 2 2 2	Front Desk Food and Beverage Culinary HSKP	ASAP start date
Hilton	PA, Philadelphia	1 2	Experienced Culinary HSKP	Females only
Renaissance	PA, Philadelphia	1 2	Food and Beverage HSKP	January start January/ February start 12 months and 6 months (1 male and 3 female)
Marriott	PA, Pittsburg	2 1 1 2 2	Culinary Front Desk Night Audit Food and Beverage HSKP	
Radisson/ DoubleTree	PA, Pittsburg	4 2 2	Front Desk Food and Beverage HSKP	
Sheraton	Pennsylvania	1 1	Front Desk Culinary	Excellent Communication skills Experienced
Marriott Resort	South Carolina	3 6 4	Front Desk Food and Beverage HSKP	
Marriott	Tennessee	1 2	Food and Beverage Culinary	
Hilton	TX, Dallas	2 1 2 1	Food and Beverage HSKP Sup Culinary	
Marriott	VA	1	Food and Beverage	ASAP start date
Marriott	VA	2 1	Front Desk HSKP	Start Feb/ March

Renaissance	VA	1	HSKP	ASAP start
Westin	VA	1	Food and Beverage	ASAP start date

HOW TO APPLY:

All applicants should enter their resume online at <http://www.americanhospitalityacademy.com/signup-int.php>

APPLICATION DEADLINE

AHA host properties hire throughout the year, therefore there is not an application deadline. As soon as a hotel informs AHA of an opening, we begin sending resumes to the hotel from our data base, therefore positions do fill quickly – but new opportunities become available weekly. If your application is not already in the AHA data base, it is important to mention the positions may be filled by the time the AHA process is complete. Therefore, please view this list to learn the type of positions available, hotels and locations. We encourage participants to be open to location, but also express their expectations, for example “would love to be placed at a major chain hotel”, “would like a city location” “seeking a placement in Florida”. When requests become to specific, it does become more difficult and the special request fee applies.

RATES OF PAY, HOUSING AND TRANSPORTATION INFORMATION

Providing information regarding pay rate, housing and transportation is difficult because each hotel varies based on the cost of living in the area, however the following outline will give you an average. Prior to an interview, host details including pay rate, housing and transportation are outlined.

Cost of Employee Housing

The majority of our host properties who do not offer their own employee housing provide 2 weeks accommodation at no cost, then the participant is expected to find their own housing. Prior to arrival the host property and participant is in communication and the host property manager sends the participant information about apartments and roommates in order for the participant to begin securing housing before they arrive.

The majority of our participants share bedrooms (in most cases, this is required when the host property offers their own employee housing). On average, a participant can expect to pay \$300 - \$400 per month on shared housing. Some locations will be less, some more - but this is also reflected in the rate of pay (in areas of higher cost of living, hotels pay more).

If a property does not offer their own employee housing, the participant should be ready to pay a security deposit, first month and sometimes last month when signing an apartment rental lease. Typically, the security deposit is 100% refundable as long as the terms of the lease have been met and the apartment is returned in the same condition as it was rented. Security deposit is normally equal to one months’ rent, sometimes lower.

Rates of Pay

The following rates of pay are an average:

Food and Beverage: The majority of these positions are tipped. Participants can expect to receive a lower hourly rate, and be permitted to keep the tips they received. In this scenario, a participant can expect to earn \$9.00 - \$11.00 per hour (with hourly rate and tips combined), on busy shifts, participants can expect to earn much more than this.

Culinary: Average rate of pay \$9.00 - \$10.00 per hour.

Front Office: Average rate of pay \$9.00 - \$10.00 per hour

Housekeeping Supervisor - average rate of pay \$8.50 - \$9.50 per hour

Number of Hours per Week

J1 regulations require the number of hours per week to be a minimum of 32 hours per week. There may be a few times the hours fall below this, but the majority of the time the participant should be scheduled over 32 hours per week. If a participant works more than 40 hours per week, overtime laws apply and the participant must receive their hourly rate plus one half for every hour worked over 40. In the event a participant falls below 32 hours per week on a consistent basis, AHA must be contacted immediately so we may help resolve with the host.

Travel Cost

Transportation to and from daily work schedule is the responsibility of the participant. Most of the participants live close to the hotel so they are able to walk, ride a bicycle or take public transportation.

Transportation from airport to hotel is the responsibility of the participant - in most cases the hotel will assist in organizing and in some cases assists with the cost.

Air Transportation is the responsibility of the participant.